

USEFUL INFORMATION AND RULES

Adamello Ultra Trail 170 Km

- Thursday 19/09 bibs and race pack pick up from 2 p.m. to 8 p.m. at "Sala Vip" located at Centro Eventi Adamello in Vezza d'Oglio (address: Via Del Piano, n.1).
- Thursday 19/09 at 8 p.m briefing and race presentation at Piazza IV Luglio.
- Friday 20/09 at 9 a.m START from the wide green areas outside Centro Eventi.
- Before entering the starting grid, the GPS Tracker will be handed to every athlete.
- The access to the aid stations where it is possible to rest and/or sleep will be organized in order of arrival at the aid station; we remind you that it is compulsory to use a personal glass during the whole race. The runners are required to take care personally of their garbage inside the assigned containers. It is forbidden to abandon garbage outside the rest stops and along the trail.

We recommend that you carefully consider any personal supplies needed between rest stops.

- During the race it is possible to rest at the Base Camp in Ponte di Legno and at some refreshments points (Passo Tonale, Pontagna, Mu, Malga Mola) located in wide spaces where the runners will find camping beds. At the Base Camp in Ponte di Legno, we recommend that you use your personal alpine sheets or sleeping bag that need to be put in your spare bag. At the other refreshment points, disposable alpine sheets will be provided free of charge.
- The organization team will provide a bag, with the #AUT logo, where to place your change of clothes and alpine sheets that will be delivered at the intermediate Base Camp located in Ponte di Legno. The runners are required to deliver their bags to Centro Eventi in Vezza d'Oglio before the start.

External assistance is only allowed in the following spots:

- Cortebona Case di Viso Passo del Tonale Ponte di Legno Pontagna Rifugio alla Cascata Edolo San Giacomo del Mortirolo
- At the rest stop in Ponte di Legno toilets and showers are available. Moreover, changing rooms and showers are available also at the start/finish, by the football field in Via del Piano (Vezza d'Oglio); they can be used in the days before and after the race.
- Sample checks on mandatory material will be performed by the organization
- Sunday 22/09 at 2 p.m.: Award Ceremony at the finish line in Vezza d'Oglio (No prize shipping option available).



Adamello Trail 100 Km

- Thursday 28/09 bibs and race pack pick up from 2 p.m. to 8 p.m. at "Sala Vip" located at Centro Eventi Adamello in Vezza d'Oglio (address Via Del Piano, n.1).
- Thursday 28/09 at 8 p.m. briefing and race presentation at Piazza IV Luglio.
- Friday 29/09 at 7 a.m. START from the wide green areas outside the Centro Eventi.
- Before entering the starting grid, the GPS Tracker will be handed to every athlete.
- The access to the aid stations where it is possible to rest and/or sleep will be organized in order of arrival at the aid station; we remind you that it is compulsory to use a personal glass during the whole race. The runners are required to take care personally of their garbage inside the assigned containers. It is forbidden to abandon garbage outside the rest stops and along the trail.

We recommend that you carefully consider any personal supplies needed between rest stops.

- During the race it is possible to rest at some aid stations, located in wide spaces where the runners will find alpine sheets free of charge. External assistance is only allowed in the following spots: Cortebona Case di Viso Passo del Tonale Ponte di Legno.
- At the rest stop in Ponte di Legno toilets and showers are available. Moreover, changing rooms and showers are available also at the start/finish, by the football field in Via del Piano (Vezza d'Oglio); they can be used in the days before and after the race.
- Sample checks on mandatory material will be performed by the organization
- Saturday 21/09 at 6.00 p.m.: Award Ceremony at the finish line in Vezza d'Oglio. (No prize shipping option available).



Adamello Trail 60 Km

- Thursday 19/09 bibs and race pack pick up from 2 p.m. to 8 p.m. at "Sala Vip" located at Centro Eventi Adamello in Vezza d'Oglio (address Via Del Piano, n.1).
- Thursday 19/09 at 8 p.m. briefing and race presentation at Piazza IV Luglio.
- Friday 20/09 at 8 a.m. START from the wide green areas outside the Centro Eventi.
- Before entering the starting grid, the GPS Tracker will be handed to every athlete.
- The access to the aid stations where it is possible to rest and/or sleep will be organized in order of arrival at the aid station; we remind you that it is compulsory to use a personal glass during the whole race. The runners are required to take care personally of their garbage inside the assigned containers. It is forbidden to abandon garbage outside the rest stops and along the trail.

We recommend that you carefully consider any personal supplies needed between rest stops.

- During the race it is possible to rest at the aid stations, located in wide spaces where the runners will find alpine sheets free of charge. External assistance is only allowed in the following spots: Cortebona Santa Appollonia
- Changing rooms and showers are available also at the start/finish, by the football field in Via del Piano (Vezza d'Oglio); they can be used in the days before and after the race.
- Sample checks on mandatory material will be performed by the organization
- Saturday 21/09 at 6.00 p.m.: Award Ceremony at the finish line in Vezza d'Oglio. (No prize shipping option available).



Adamello Short Trail 35 Km

- Saturday 21.09 bibs and race pack pick up from 8 a.m. to 12 a.m. at the "Sala Vip" located at Centro Eventi Adamello in Vezza d'Oglio (address Via Del Piano, n.1).
- From 10 a.m. transfer by bus from Vezza d'Oglio to Monno for all the athletes.
- START at 2 p.m. from the main square of Monno.
- The access to the aid stations where it is possible to rest and/or sleep will be organized in order of arrival at the aid station; we remind you that it is compulsory to use a personal glass during the whole race. The runners are required to take care personally of their garbage inside the assigned containers. It is forbidden to abandon garbage outside the rest stops and along the trail.

We recommend that you carefully consider any personal supplies needed between rest stops.

- Changing rooms and showers are available at the football field in Via del Piano (Vezza d'Oglio); they can be used in the days before and after the race.
- Sample checks on mandatory material will be performed by the organization
- Saturday 21/09 at 6.00 p.m.: Award Ceremony at the finish line in Vezza d'Oglio. (No prize shipping option available).



ADAMELLO ULTRA TRAIL















